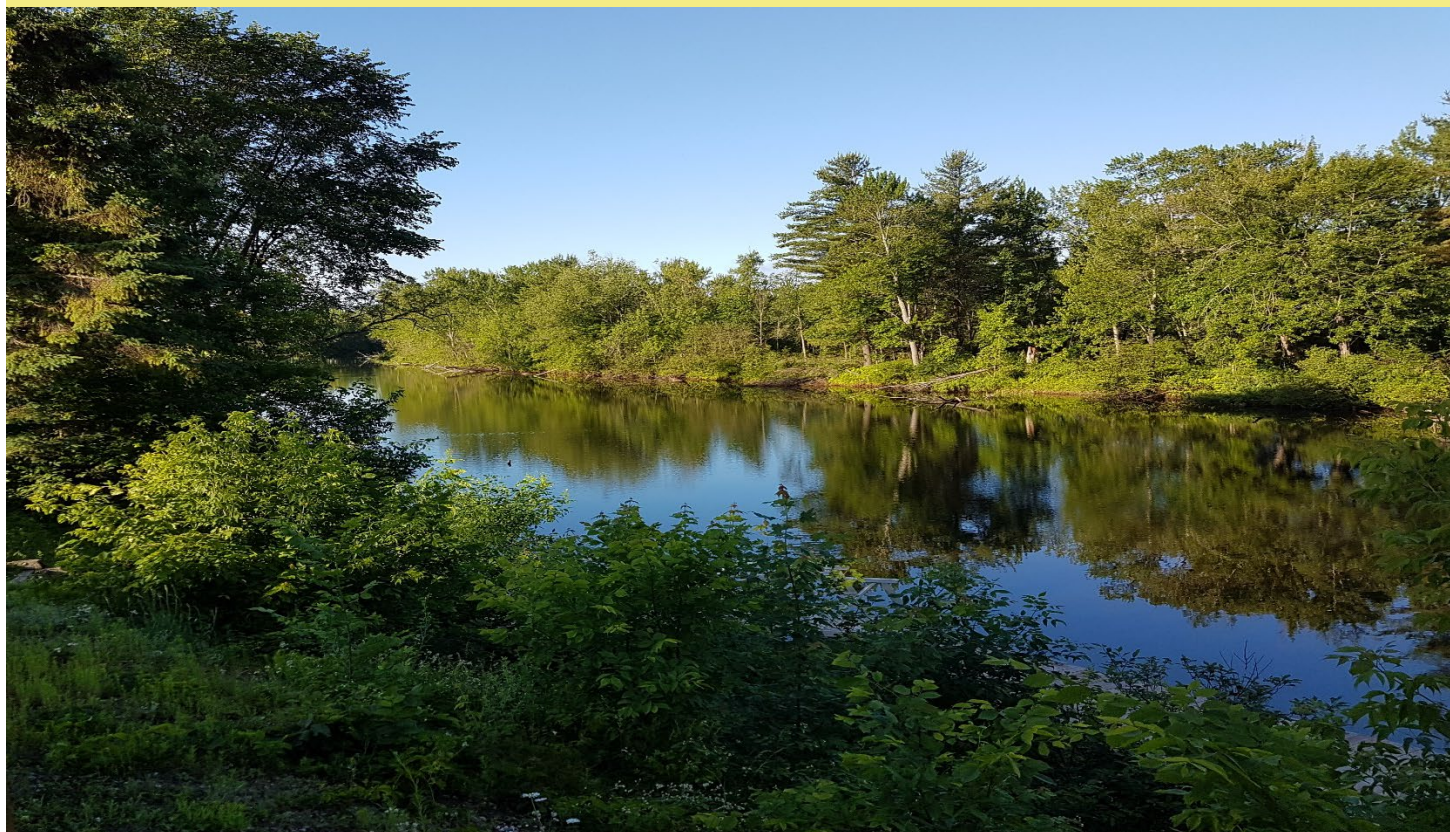


WI Connections



Margaret's Message, Submitted by President, Margaret Byl

On behalf of the Board of Directors of FWIC/WI Canada, I bring you greetings on this warm summer morning. July 1st is Canada Day! Happy Canada Day! Did you know that Canada was only 30 years old when the first Women's Institute was formed? Women were not considered people and had no rights. How far we have come since then. Yes, we have made mistakes along the way, and we, as a nation, are striving through Reconciliation to rectify them. Reconciliation is building a renewed relationship with Indigenous Peoples based on the recognition of rights, respect, and partnership. Isn't that what WI is all about? Recognition of rights, respect, and partnership...



According to Google, we live in one of the best countries in the world for women. “Some of the best countries for women include Norway, Sweden, Finland, Canada, and Iceland. These countries have low rates of gender-based violence, high levels of education and healthcare, and robust laws that protect women's rights.” May 8, 2023. The U.S. News stated that from the best countries in 2022, Canada rated #3 overall out of 85 Countries. I am so proud to be a Canadian! There were many provincial Annual General Meetings in June - New Brunswick WI, Alberta WI, Prince Edward Island WI, and British Columbia WI. Some were held in person and some virtual. Greetings were sent to all, and I had the pleasure of attending and experiencing the hospitality at BCWI in person. Congratulations to and welcome to the incoming presidents – Sheila Gallant, PEI WI; Linda Toews, AWI, and Shelly Simrose, BCWI. Thank you to Miriam Lank, PEI WI; Dianne Dammann, AWI, and Brenda Devauld for their participation at the FWIC Board Meetings and online events. We appreciate your service to WI and your communities.

On July 11, 2023, the Federated Women’s Institutes of Canada will be holding its Annual General Meeting at the National Office, located at the Adelaide Hunter Hoodless Homestead, in St. George, Ontario. It will be a hybrid event, so if you are not able to attend in person, we will see you on zoom. We are pleased to have such a good registration and that so many will be attending for the first time.

This year’s winner of the Adelaide Hunter Hoodless Canadian Woman of the Year will be announced at the AGM.

The weather station is calling for more thunderstorms and rain again today, here in Niagara and for most of Southern Ontario. This brings my thoughts and prayers to my fellow sisters in WI, their families and friends that might be affected by the raging fires across Canada due to lack of rain. According to Wikipedia, “As the worst wildfire season in recorded Canadian history, eleven provinces and territories have been affected, with large fires in Alberta, Nova Scotia and Ontario and Quebec.” and “Lives affected & statistics, From [Reuters](#) · Updated on June 28, 2023, Displaced At least 120,000 people; Affected area 8 M ha” Smoke from the wildfires has reached the western coast of Europe. Now more than ever, we will need to be good stewards of the land and have tree planting campaigns across our nation. Remember that our children, grandchildren, and their children will need to inhabit this land. Let’s work together to give them a better chance.

“He that plants trees loves others besides himself.”

—Thomas Fuller

Stay safe and be well.

Yours for Home & Country, Margaret Byl



A NATIONAL HISTORIC SITE OF CANADA

Museum Manager's Report - JUNE 2023

Our spring and summer schedule of activities is underway.

Friday June 2 nd 9:30 am – 11:00am	A narrated, visual tour of Wild Costa Rica	Take a photographic journey of Wild Costa Rica with award winning nature photographer Mark Williams	\$25.00
Tues. June 6 th 1:30pm – 3:00pm	A narrated, visual tour of Iceland	Take a photographic journey of Iceland: Realm of Ice and Fire with award winning nature photographer Mark Williams	\$25.00
Thurs. evening June 22 nd 7pm – 9pm	Song and Sunset	Bring a lawn chair and enjoy an outdoor folk concert till sunset. All Welcome. Performing Artist Gord Hall	\$10 /person Kids free
Wed. June 28 th 1:00pm-2:30pm	Flower Power (bouquets with vibrant colour)	Bring a small vase, learn about flowers from the Big B Flower Farm, arrange a bouquet and take it home with you.	\$20.00



Other Activities in June:

1. [Grab your reader's attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]
2. Nancy met with community leader Joni Bouma (Wil Bouma MP for Brant) and a garden club member, Barb Vlasov. Both families are hosting Ukrainian women in their homes as part of the Ukrainian relocation project. The

Ukrainian women are seeking ways to raise funds to start their new life in a new country. They asked the Adelaide Hunter Hoodless Homestead to partner with them to plan a fund-raising event. We decided on a Ukrainian lunch with an authentic Ukrainian menu. The food will be prepared by our Ukrainian friends with the help of the host families and the AHHH. We will invite the community to join us in the Pavilion for a Saturday Ukrainian lunch on July 22nd. The profits will be shared with the Ukrainian women.

3. This month eight people toured the AHHH Museum, five from the Paris WIW W.I. and three from a walk-in tour.
4. Nancy met with a community planning committee who is working on an event called The Musical Stroll. I suggested we combine our July Song and Sunset with their plans for a musical stroll event and we could split the donations. That event will be held here at the AHHH on the evening of July 27th.
5. Nancy attended a Brant County virtual information conference on Brant Celebrate Culture Days. This is a 3-week Arts, Culture and Heritage festival from Sept 22nd to Oct 15th We are planning to submit events to be included.
6. **Update on Project Proposal (now named Project Addie):**

On June 8th Nancy met with a consultant from the Grand Erie School Board to talk about Project Addie (a project where community theatre, the local school board, and community heritage work together to honour and celebrate the culture, history, and arts of our community, so that today's students can be inspired by the historic figures that came from the same place as they do.

This effort is driven by the realization that most kids in our district who come for tours, do not know who Adelaide Hunter Hoodless is. They don't know that she is a Brant County person recognized as a Canadian of historical significance and that her homestead is a nationally designated historic site.

The school board consultant that met with Nancy was interested in Project Addie and requested a summary of the project and its intent so that she could review it with her boss, the Superintendent of Education for the GE School Board. A summary was submitted on June 12th. We are awaiting response from the school board. We have requested a meeting with them to further discuss the project, its correlation to the current school curriculum and the project timelines.

The inclusion of Heritage, Theatre and schools on this project will get political and community attention to our benefit.

Note: The Adelaide Hunter Hoodless Homestead is a National Historic Site of Canada, owned and operated by the Federated Women's Institute of Canada (FWIC/WI Canada)

359 Blue Lake Rd., St. George, ON N0E1N0

info@adelaidehoodless.ca

519 448 3873



Ellen's Corner

Ellen McLean has been an active WI member for close to seventy years. Over that time, she has served in many roles including President of the Women's Institutes of Nova Scotia, President of the Federated Women's Institutes of Canada (FWIC) and President of the Associated Country Women of the World (ACWW). Testimony to her excellent leadership and service, Ellen has received a honorary doctorate degree from St. Francis Xavier University, been inducted to the Canadian Agricultural Hall of Fame, received the Order of Canada as well as being the first recipient of the Adelaide Hunter Hoodless Women of the Year.



I was enjoying a cup of coffee on the porch in front of my house when the magic time of 11:38 a.m. came and spring transformed into summer, and what a beginning it was. A perfect summer day with a cloudless blue sky, a gentle breeze, and warm temperatures (but no humidity). Everything I could see was a lush green, within a stone's throw a field with beautiful windrows of grass soon to be silage and hummingbirds flying around me as they went to the feeder. But I was looking out at a very different garden. The maple tree at the back door was much smaller than last summer. The large oak tree was gone, ripped out by the roots, and the linden tree and another oak minus several branches. All this the aftermath of Hurricane Fiona last September. As I thought about how much I miss my trees my thoughts went to the thousands of people across Canada who have had to evacuate their homes because of the wildfires raging. And if and when they return to their communities perhaps their homes are just a pile of ashes. Or I thought about those who left their homes in search of a new home and a better future, boarded a boat to cross the Mediterranean for Greece, the boat capsizes, and hundreds are lost. And then there is the war continuing in Ukraine and when speaking to some of the refugees they speak of going home. But what will there be to go home to with so many villages, towns and cities reduced to piles of rubble. After these reflections I felt so ashamed that I even thought about the missing trees, I am so thankful that I still have my home.

Our Canadian members who travelled to Kuala Lumpur are now cherishing the experience and I hope that they will have the opportunity to tell about the experience. The 30th triennial conference of the Associated Country Women of the World is now history and memories. The past triennium was very historic for Women's Institutes in Canada. There were four of our members who served as members of the ACWW Board, three of them members of the Executive. It was very special and a tribute to our members. We owe a deep appreciation to Linda Hoy, Area Canada President; Christine Reaburn, Secretary; Sheila Needham, Chairman, Communications and Marketing Committee; and Marie Kenney, United Nations Committee Chairman. It was a difficult triennium with the restrictions because of the pandemic. Meetings had to be virtual, and though it is wonderful that it is possible to meet virtually, it certainly isn't the same as meeting around a table, with the face-to-face interaction. Our appreciation and thanks go to each one for their time, talents, experience,

and commitment to the efforts of ACWW. And then we congratulate Marie Kenny on her election as the Area Canada President for the next triennium and wish her all the best in her new role and look forward to her visits to the Canadian Societies, after a triennium where travel was so restricted.

I welcomed receiving a first report of the Conference and look forward to hearing much more. Some of what I heard raised some concerns, but they may disappear when I hear more about conference business and decisions made for the next triennium. Enjoy your summer. We can only hope that there won't be a repeat of wildfires like those already experienced, and that those who farm may have weather that means good crops.



Attending the AGM in Person?

July 11/23

LUNCH AT 11:00 AM ET

HOMESTEAD TOURS AVAILABLE.

AGM STARTS AT 2 PM ET

RECEPTION FOLLOWING AGM

STAYING OVERNIGHT? SIGN UP FOR CAR POOLING TO THE ERLAND LEE MUSEUM HOME IN STONEY CREEK, ONTARIO



Greetings all,



As we prepare for our 2023 AGM, I want to extend a warm welcome to you all to attend. This year we will have a hybrid format for the event, with those attending in person being welcomed in the new Pavilion at the Homestead, as well as a virtual opportunity via Zoom.

2023 FWIC WI Canada Annual General Meeting

Virtual or In Person

Keynote Speaker: Stacey Bester

Thank you to the County of Brant for their Support

Tuesday July 11th, at 2 pm EST

FWIC National Office, PO Box 209,
359 Blue Lake Rd., St. George, ON N0E 1N0



AGM Keynote Speaker – Stacey Bester
“Sailing into the Future with a Recipe for Success”



Stacey Bester is the owner of Brantford’s largest full-service bakery, where everything is made from scratch using only real butter. Stacey is a self-taught baker who began baking with an Easy Bake Oven.

After baking for family and friends for almost two decades, she decided to follow her dreams and open her SWEET little bakery.

Since opening the bakery, Stacey has continued to have many exciting opportunities such as filming 6 seasons of her own baking show on ROGERS TV Regional, called SWEET Occasions; and host Foodie Tours with Pauwels Travel to such places as Paris, Rome, and Barcelona. An exotic trip to Morocco is planned for this fall. Stacey is currently working on writing her cookbooks and has opened an event space on her property for unique SWEET experiences. SWEET Bakery celebrated 9 years in June.

The accomplishments that Stacey is the proudest of are her 3 (grown) children Sarah 31 Spencer 29 and Alex 28. Stacey married Justin Bester in 2019, and they have 3 crazy cats Pinny, Paulie, and Calypso.



Associated Country Women of the World

It is my privilege to be invited to share this update on the work of ACWW.



ACWW exists to amplify the voices of rural women, so that the problems they face and the solutions they raise are heard and acknowledged by International Policy Makers and Legislators.

I recently returned from the Triennium World Conference in Kuala Lumpur, Malaysia, where I was elected as ACWW Area Canada President. I am delighted to have been elected to this position and thank you for placing your confidence in me. I pledge to do my very best to keep you informed on the work of the Board of Trustees of ACWW and how you as Society members can be involved. Congratulations to Anne Innes from Ontario on being elected as ACWW Chairman of Agriculture Committee.

The 30th ACWW Triennial World Conference, which took place from May 17-25, 2023, had over 452 attendees engaging in many events, including: Welcome information sessions, Area Meetings, Concurrent Sessions, Opening Ceremony, Nine Conference Sessions with lively engaging debate, including twenty one Resolutions and Recommendations for presentation and vote, a presentation for the 31st ACWW Triennial World Conference in Ottawa, Canada and the election of a new Board of Trustees for ACWW. The strengths of the daily vote were between 260-270 voting delegates.

As well, there were two-days of preconference meetings for outgoing Board Members, then, following the Conference four days of meeting for the incoming Board of Trustees.

The Opening Ceremony in the Grand Ballroom, hosted in the presence of His Majesty and Her Majesty King and Queen of Malaysia. His Royal Highness the Regent of Pahang and other members of the Royal Family were present, for guests it certainly was a moment in time to remember. The parade of flags is always a highlight, 82 flags in the procession; it brought great pride to our delegation when the flag of Canada passed before us.

The nine main conference sessions and the three concurrent sessions achieved the work that needed to be accomplished to move the organization forward into a new triennium. The conference included the Royal Gala Dinner at the National Palace, hosted by Her Majesty, Queen Azizah – it was amazing! The entertainment was fascinating, and the food was exceptional (and we will not forget the exciting police escort of the 6 double-decker coaches). Truly it was a glorious experience for all, many thanks to the hostess society and volunteers.

Moving forward, the ACWW Board will be meeting virtually bi-monthly and once a year in-person at the London Office.

Under my responsibility there are presently 15 ACWW Canada Area Societies, whom I will be in contact with on a regular basis and hope to visit as invitations come forth in my three-year term.

My first official duty happened just three days after arriving home as I attended and brought greeting at my home province's Provincial Conference in Charlottetown, PEI.

I then accepted the invitation from BCWI to attend BCWI's 39th Triennial Convention (June 15-17), so four days later travelled to Kamloops BC.

It was an honour to be included as one of the BCWI Convention speakers, to see society members and hear about the work they are doing. It was an exceptional convention with engaging speakers; Tracy Scott, Speaking on Forensic Nurse Examiners, Tara Ettinger, Child and Youth Advocacy Centers and Jacquie Brand, Y Women's Emergency Shelter. Congratulations to Brenda Devauld and Board Members on an inspiring convention. Your vision and successful launch of the Forensic Nurse Examiners Bursary Program is a tremendous testimony to your Theme of *Women Moving Forward in Friendship and Action*.

I wish all the very best to newly installed President Shelly Simrose and her Board and I look forward to keeping you informed on the work of ACWW.

Susan Hoszouski is the appointed ACWW Coordinator for BCWI, as well as a Director on the BCWI Board. I will be working with Susan and other Society Coordinators, on regular bases, to keep them informed on ACWW Board decisions and necessary information that needs to reach the grassroots members.

At present there are 9 appointed ACWW Coordinators, and hopefully over the next little bit the other societies will make selections and send forward the name of their nominee to ACWW Central Office.

Communication is a two-way street, I will be taking information back to the coordinators from the ACWW Board Meetings, and in-turn, I will be looking for updates from the coordinators on the ACWW work being carried out by the societies.

The first Official Meeting of the ACWW Board of Trustees is July 6th and following that I will be schedule meeting with the Area Canada Society Coordinators.

The Theme for this ACWW Triennium is *Sustainable Growth for the Future*. This theme sets a very positive direction for the Board of Trustees as they work to move strategic plans forward in this triennium.

Under the New ACWW Strategy Plan, the Board has set designated Working Groups, involving numerous Trustees in each working group, then the overall work and recommendations will be reports for vote to full Board of Trustees. More information on the working groups will be forth coming.

Please make note the ACWW Central Office new address is:

ACWW The Foundry, 17-19 Oval Way, London, SE11 5RR

My plan moving forward is to send out a quarterly newsletter to all societies and individual members, as well as keeping coordinators updated and contributing monthly to the WI Connections.

On July 10th, I will travel to St. George, Ontario, to attend the FWIC/WI Canada Board Meeting and AGM at the Adelaide Hoodless Hunter Homestead and Museum.

Until next time, I leave you with this inspirational thought by Henry Ford:

“Coming together is the beginning. Keeping together is progress. Working together is success.”

Sincerely,

Marie Kenny, ACWW Area Canada President.

Associated Country Women of the World (ACWW) Updates

***ALL THE THINGS I LEARNED ABOUT ACWW THAT I NEVER
KNEW I DIDN'T KNOW***

***-- A 'FIRST TIMER'S' VIEW OF ACWW TRIENNIAL
CONFERENCE 2023'***

IN KUALA LUMPUR, MALAYSIA

By Nancy Birss (Ontario)



As exciting and educational as the two-week tour of Malaysia was with 15 other Canadian WI members prior to the Conference, I was really looking forward to my first ACWW Triennial Conference.

Upon arrival at the grand Marriott Hotel in Kuala Lumpur, we were met by some very kind, generous and efficient members of Pahang WI, who were our hosts for the week. And did you know that Queen Azizah of Malaysia is member of the Pahang WI? She graciously entertained us all for Sunday dinner at the Palace!

It was amazing to see so many 'different' women from around the world at the conference dinner that first night. Throughout the week the array of gorgeous traditional dress from far points of the globe was truly inspiring, as were the stories about their WIs that were shared over meals together. The Canadians were easily recognizable with our impressive red 'Canada sashes' with the maple leaf, soon to be laden down with gifted pins from women across the globe.

I was very impressed with our ACWW President, Magdie de Kock, from South Africa. She is truly a wonderful and kind woman, and ACWW is lucky to have her at the helm. I learned that ACWW now has over 80 member countries and nine million members. Wow! What global organization can boast those numbers? The Board of Trustees have worked hard over the past triennium to implement, and update policies, as well as encourage and support programs that amplify women's voices - - especially in third world countries.

ACWW is a Charitable Incorporated Organization, registered in England and Wales, with a constitution and policies. "ACWW will continue to use its Consultative Status with the United Nations and its Agencies to amplify the voices of Rural Women and highlight the issues they raise at the international level."

ACWW's theme for the next triennium is Sustainable Growth for the Future. The new focus is to fund and promote longer and sustainable projects, in many cases helping women to start their own initiatives for sustainable economic independence to support their families and communities with climate sensitive agriculture, thus ensuring greater community impact for the women most at risk of being left behind. 'Rural Women in Action' is not just a slogan.

ACWW does much advocacy work to promote better education and opportunities for rural women. One resolution passed at the conference was for advocacy to reduce food loss and waste in the global food supply chain around the world.

With the announcement of the next ACWW Triennial Conference to be held in Ottawa in 2026, there is much reason for Canada's WI members to show up and participate in great numbers. I sure hope to be there!

Highlights from the FWIC/WI Canada Board Meeting - June 5, 2023

FWIC BOOK CLUB: The Book Club will continue in September. More details will be available in the fall.

EBOOK: Reminder that the FWIC E-book is available for purchase from the FWIC online store.

FWIC AGM: to be held as a hybrid event on July 11, 2023. Cost will be a donation to FWIC (donations of \$20 and above will receive a charitable tax receipt). The registration form and the credentials forms are on the website. Lunch will be \$15. Provinces are requested to send in the names of their voting delegates. Each province is reminded to send in a report on their past year's activities.

These reports were due June 6, 2023, and are to be emailed to Lynn MacLean at president-elect@fwic.ca.

ONLINE AUCTION: FWIC will hold its second online auction from Oct 10 to Nov 14th. Auction items are to be a minimum of \$25 and each province is invited to contribute a minimum of three items. A picture and description of the items are to be sent to Lynn by September 18, 2023, at president-elect@fwic.ca.

FWIC COMMUNICATIONS COMMITTEE: The Communication Committee is looking for three

volunteers. One to help with the website, one to liaise with the provinces, and one to work on promoting resolutions. This would be about four hours per month.

NATIONAL CONVENTION PIN 2024: Reminder of the competition that is being held to create a convention pin to commemorate the 23rd national convention. Entries should be emailed to info@fwic.ca or mailed to the National Office. Entries will close on January 1, 2024. The winner of the design will receive free registration for the national conference in Nova Scotia.

DONATIONS: President Margaret Byl would like to receive information on the amount and types of donations that are made by provinces and branches. Please send to info@fwic.ca.

REMINDERS: WI Connections: Reminder that submissions from branches and members are encouraged from each province. Please submit them by the 20th of each month to angela.beth.scott@fwic.ca.

****Next Meeting of the Board of Directors: Monday, July 10, 2023, at 7 pm ET.**

Cooking And Healthy Living, Submitted by Judy Page Jones, QWI Provincial Rep.

Summer is officially here, picnics and BBQ's here's a couple of easy salads. They have both been hits when we served them at catered events.

MEDITERRIAN BOWS PASTA SALAD

INGREDIENTS:

- 4 cups (1 L) Catelli Classic Medium Bows
- 1 Red pepper, diced
- 1 Yellow pepper, diced
- 1 cup (250 mL) Chopped cucumber
- 1/3 cup (75 mL) Chopped red onion
- 3/4 cup (175 mL) Crumbled Feta cheese
can substitute mozzarella cheese
- 1/2 cup (125 mL) Chopped fresh parsley
- 2 tbsp (30 mL) Capers (optional)
- 10 Black olives sliced
- 1 cup (250 mL) Bottled Italian dressing
- 2 Tomatoes, cut into wedges or 8-10 cherry tomatoes, cut in half



COOKING STEPS:

Step 1

Cook bows according to package directions. Drain and rinse in cold water to cool; drain well.

Step 2

Combine bows with all ingredients, except dressing and tomatoes.

Step 3

Pour dressing over pasta mixture and toss to coat. Cover and let stand 30 minutes. Just before serving, add tomatoes and toss gently. Serves 8 to 10

QUINOA SALAD

INGREDIENTS

- 1 cup uncooked quinoa, rinsed in a fine-mesh colander
- 2 cups water
- 1 can (15 ounces) chickpeas, rinsed and drained, or 1 ½ cups cooked chickpeas
- 1 medium cucumber, seeded and chopped
- 1 medium red bell pepper, chopped
- ¼ cup chopped red onion (from 1 small red onion)
- 1 cup finely chopped flat-leaf parsley (from 1 large bunch)
- ¼ cup olive oil
- ¼ cup lemon juice (from 2 to 3 lemons)
- 1 tablespoon red wine vinegar
- 2 cloves garlic, pressed or minced
- ½ teaspoon fine sea salt
- Freshly ground black pepper, to taste

COOKING STEPS

1. To cook the quinoa: Combine the rinsed quinoa and the water in a medium saucepan. Bring the mixture to a boil over medium-high heat, then decrease the heat to maintain a gentle simmer. Cook, uncovered, until the quinoa has absorbed all of the water, about 15 minutes, reducing heat as time goes on to maintain a gentle simmer. Remove from heat, cover, and let the quinoa rest for 5 minutes, to give it time to fluff up.
2. In a large serving bowl, combine the chickpeas, cucumber, bell pepper, onion and parsley. Set aside.
3. In a small bowl, combine the olive oil, lemon juice, vinegar, garlic and salt. Whisk until blended, then set aside.
4. Once the quinoa is mostly cool, add it to the serving bowl, and drizzle the dressing on top. Toss until the mixture is thoroughly combined. Season with black pepper, to taste, and add an extra pinch of salt if necessary. For best flavor, let the salad rest for 5 to 10 minutes before serving.
5. This salad keeps well in the refrigerator, covered, for about 4 days. Serve chilled or at room temperature.



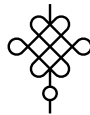
Healthy Living

I attended an event in early June where there were many different kiosks of local organizations. One I stopped at was the Mental Health Estrie. I picked up one of their postcards. On the front was written the following by Melody Beattie: "Gratitude turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity ... It makes sense of our past, brings peace for today, and creates a vision for tomorrow."

Because gratitude can boost your mood, perhaps it's no surprise that it can also improve your overall mental health. As you practice gratitude, you may notice a decrease in symptoms of depression and anxiety. While gratitude alone may not be a magic bullet to mental health issues, it can be one part of a broader treatment plan.

Approaching life with a more positive mindset can do more than just improve your mood. It can have cascading benefits in other areas of your life, such as: better sleep, Improved focus, Higher self-esteem, and Increased patience.

On the back of the same postcard, it was written I am grateful for Even though times can seem desperate, there is always something to be grateful for: family, friends, neighbours, pets, jobs, our own health etc. Take time this month and think about what you are grateful for.



Do Your Words Match Your Intention?

Interpreting the wording in your will can be confusing. Sometimes it doesn't appear fair to all but there could be many factors to consider. Does the literal interpretation of your words match your intent?

One lady had a special account set aside for her grandchildren upon her passing. She called her grandchildren "My big grandchildren" and the great-grands were "My little grandchildren". Her Power of Attorney wrote cheques to each of them. Now came the revolt. The grandchildren, who were not married, wanted the money divided 8 ways but those with children wanted it split evenly 15 ways. This led to some very uncomfortable confrontations when the family really needed to pull together in their time of grief.

To avoid situations like this, try to share your wishes when you have the group together. The matter has been explained and need not come up again. Then ask a very important question, "Who's ready for cake and ice-cream?"

by Denise Joss – Springfield MWI Member

Right, Left or Correct?

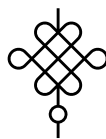
I am always getting lost when I am driving and navigating on my own. It doesn't matter if I have studied a map, have written instructions, or am listening to my GPS Lady.

When I enter an elevator, my left is usually next to the door that opens and closes but then I turn around and face the opposite direction after entering. I am still trying to figure out which way to go when the door opens. People are so impatient when I block the doorway while I try to figure it out.

When my WI buddy, Liz and I are driving, she is always careful to use the word "correct" when I say, "I turn left here." It is hard to turn around on the Inter-State when you turned to the right by mistake.

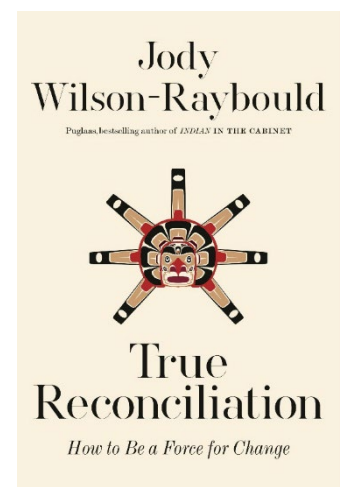
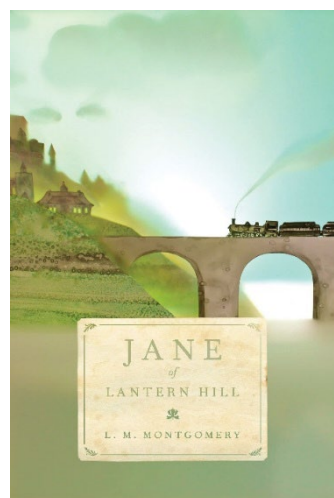
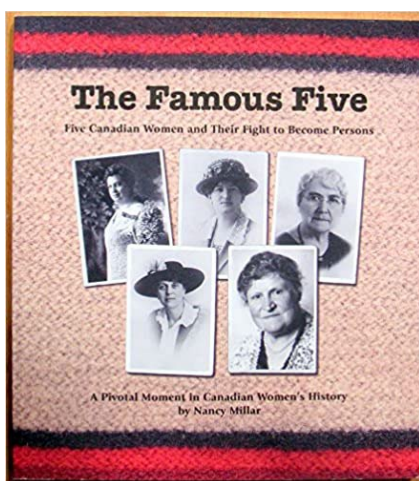
Speaking of the GPS Lady, she led me down a mud-road into the middle of a cornfield. My passenger said, "I've seen the movie "Children of the Corn"-Let's get out of here!"

by Denise Joss – Springfield MWI Member



Book Club

Cross Canada Book Club held in May will reconvene in September, October, and November to discuss the last three books chosen for the club. Here they are. We will reconvene in September. Please contact angela.beth.scott@gmail.com



FWOC WI Canada Online Auction 2023



Through Bidding Owl

Auction Dates: October 10th to November 14th inclusive

Picture of each item and description: Due on or before **September 18th, 202**

Description to include colour, size, and approximate value

Minimum value: \$25.00

Request: minimum of three items from each province. Items to be kept in the province and sent to the purchaser from the province. The more items, the larger the amount that can be raised.

Shipping: responsibility of purchaser or where possible the province

Suggested items: items that can be easily shipped -relatively flat and with little weight

Other: It would be great if we could get some larger gift certificates.

National Convention Pin 2024: - Competition!

A competition will be held to create a convention pin to commemorate the 23rd national convention. Entries should be emailed to info@fwic.ca or mailed to the National Office. Entries will close on January 1, 2024. The winner of the design will receive free registration for the national conference in Nova Scotia. This is an excellent opportunity to express your creativity and enthusiasm for WI. We hope every province will provide a submission for consideration.

The theme: Sailing into the Future with A Recipe for Success.



**2024 National Convention Pin
Competition**

Theme: "Sailing into the future, with a Recipe for Success!"

Create a convention pin to commemorate the 23rd national convention. Email your entries or send them to the National Office

Deadline: January 1, 2024
359 Blue Lake Rd., Box 209,
St. George, ON N0E 1N0

Winner receives free registration to the national convention in Nova Scotia

info@fwic.ca

WI Canada FWIC

359 Blue Lake Road, P.O. Box 209

St. George, ON, N0E 1N0 info@fwic.ca 519.448.3873

Margaret Byl, President

Debra Barrett, MB

Lynn MacLean, President Elect

Judy Page Jones QC

Colleen Hooper, BC

Angela Scott, NB

Linda Mason, AB Executive

Doreen Wall, PEI

Eleanor Lilley, NS

Elizabeth Moss, NL

Ann Innes, ON

See you all at the AGM

